

The Coalition for Smart Growth
Presents

A Community Forum on The Power of Walking to School: for our children, for their health, happiness and safety



Speaker

Mark Fenton is one the nation's foremost experts on walking. Former host of the PBS program, *America's Walking*, and editor-at-large of *Walking Magazine*, Mr. Fenton was a 5-time member of the US national racewalking team. Called "America's reigning guru of walking" by the *Washington Post*, Mark Fenton is a MIT-trained engineer, author and speaker who has written extensively on exercise science, community design and the need for community, environmental and public policy initiatives to encourage more walking. He was a charter member of the Partnership for a Walkable America, a coalition of health, safety and transportation organizations that launched Walk to School Day in 1998 and serves as a national Safe Routes to School training course consultant.

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Lancaster General Hospital is underwriting Mr. Fenton's appearance as part of its Healthy Weight Management initiative. Susquehanna Bank is the Safe Routes to School Event Sponsor. This community forum is part of the Walkable Communities Summit May 28 and 29, Gold Sponsor: Keystone Custom Homes, Silver Sponsor: Fulton Bank. Special thanks to all our sponsors for making the Summit possible.



For more information,
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**Wednesday
May 28, 2008
7pm-9pm**

Bolger Conference Center
on the Millersville University Campus
1 South George Street
Millersville, PA 17551

Today fewer than 15 percent of school children walk or bicycle to school; more than 50% are driven to and from school in private vehicles.

The decline in walking and bicycling is bad for our health and the health of our children. The decline in walking and bicycling to school increases traffic congestion, reduces air quality around schools and decreases pedestrian and bicycle safety. Our children need to become more physically active to address increases in a variety of childhood health problems like obesity and diabetes.

Safe routes to school empowers communities to make walking and bicycling to school a safe and routine activity again – to improve the health and safety of our children.

This free community forum will explore the importance of physical activity and encouraging children to walk more, share success stories from around the country and show what Lancaster communities can do to create long-term, permanent improvements for the health, happiness and safety of our children.

Free event. Open to the public.

Space is limited, please register in advance.

Registration form on reverse.

(Walk-ins are welcome; advance registration preferred.)

Join the Coalition for Smart Growth

The Coalition for Smart Growth is a unique and diverse group of individuals and community organizations drawn together by a shared interest in the future direction of Lancaster County and committed to working for a sustainable and balanced future—one that captures the benefits of growth without losing Lancaster County's unique character.

Join us in working for the future of Lancaster County, one that preserves working farms and agriculture as well as strong communities, a unique historic and cultural heritage and a strong economy. *You can make a difference. Become a Coalition member today.*

Join as a Member and you will receive:

- Free admission to Community Forum events in 2008.
- Discounts on registration for the Coalition's annual Smart Growth Summit and other coming events.
- Invitation to the Member's' reception (Fall '08)
- Email Newsletters

Yes, I would like to become a member of the Coalition for Smart Growth:

- \$50 Individual
- Special gift \$ _____

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Position _____

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MAKE CHECKS PAYABLE TO:
Coalition for Smart Growth

Mail, fax or email to:
The Coalition for Smart Growth
1383 Arcadia Road, Room 223-W
Lancaster, PA 17601
Fax 717.509.4713; Email
mbarbour@coalitionforsmartgrowth.org

Special Notice: Registration to any Coalition for Smart Growth event includes the possibility of photographs taken for publicity purposes.

The Power of Walking to School COMMUNITY FORUM

REGISTER in ADVANCE
by mail, phone, fax or email

Special thanks to all our sponsors.
Susquehanna Bank: Safe Routes
to School event sponsor.
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Visit the Coalition's website for details and a complete list of sponsors
for the Coalition's Walkable Communities Summit May 28 and 29.

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MAIL, FAX or EMAIL TO:
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